



**11<sup>th</sup> ASIAN OPEN WATER SWIMMING  
CHAMPIONSHIP**  
**Hong Kong, China**  
**8<sup>th</sup> – 10<sup>th</sup> November 2024**



**RULES & REGULATIONS**

**1. TITLE**

The 11th Asian Open Water Swimming Championship.

**2. AUSPICES**

This championship will be organized under the auspices of the Asia Aquatics.

**3. RULES**

This championship will be managed in accordance to the World Aquatics & Asia Aquatics Rules and Regulations.

**4. DATE & TIME**

The competition schedule will be as follows:

10 KM	8 November 2024
5 KM	10 November 2024
Arrival	6-7 November 2024
Team Manager Meeting	7 November 2024 (10 KM Event) 9 November 2024 (5 KM Event)
Departure	11 November 2024

**5. Venues**

Plover Cove Reservoir (10 KM Event)  
Victoria Harbour (5 KM Event)

**6. Training Pool**

Wan Chai Swimming Pool (Time to be confirmed).

**7. Events**

Events will be held for both Men and Women categories.

**8. ELIGIBILITY**

- 8.1** National Team of Asia Aquatics Member Federations / Associations
- 8.2** Only athlete with citizenship of the countries.



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**\*Changing the Nationality of Competitors**

Should competitor represent his/her country or sport country, he/she shall be a citizen whether by birth or naturalization of the nation he/she represents provided that naturalized citizen shall have lived in that country for at least one year period. Any competitor wishes to change his/her affiliation from one Federation to another Federation must have a release letter from his/her previous National Federation and acceptance letter from his/her new National Federation and also agreement between two related NOC's. Both the letters should submit to Asia Aquatics for approval, a period of at least 2 years before he/she start competing for his/her New National Federation in Asia Aquatics activities.

**9. ENTRIES**

- 9.1** Each Member Federation may enter a maximum of 3 Swimmers per Event. (3 males and 3 females) but the best records of, only, two swimmers of each NFs will be considered in final Result and Ranking.
- 9.2** For easy operation and identification, swimmers may be required to wear the swimming caps provided by OC.
- 9.3** All entries must be accompanied by photocopies of International Passport. All documents must be certified by President/Secretary General of National Swimming Federation. Entries not supported by the documents will be automatically rejected.
- 9.4** National Federation are required to complete two entry forms to enter the 11<sup>th</sup> Asian Open Water Swimming Championship.
- 9.5** **Preliminary Entry Deadline: 6<sup>th</sup> September 2024**
- 9.6** **Final Entries Deadline: 27<sup>th</sup> September 2024**

**10. ENTRY FEES**

No fee will be charged.

**11. TIME LIMIT**

The time limit will be 30 minutes for 10km events and 15 minutes for 5km events.



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**12. PRIZES**

- GOLD, SILVER and BRONZE medals will be awarded to the respective winners in 10 KM Event.
- Trophies will be awarded to the respective winners in 5 KM Event.
- Diplomas will be presented to the first eight swimmers in ALL individual events.

**13. PROTESTS & APPEAL**

All protest and appeal will be dealt with in accordance to the World Aquatics/Asia Aquatics Rules.

**14. COSTING FOR ACCOMODATION AND TRANSPORTATION**

**14.1** All participating athletes and accompanying officials must accommodate in the Official Hotel which had been appointed by the hosting Federation and bear their own cost of board and lodgings and transportation (overseas). All team must pay their accommodation fees every night as per the fees announced by the hosting Federation and approved by Asia Aquatics.

**14.2** Free transportation will be provided to all participating teams from and to the airport, the training sites and competition venue.

**Note: Local transportation arrangement (Airport Welcome and Official Training) will only be provided to those who book at the official hotel through the organizer.**

**15. OPENING CEREMONY**

There is no official Opening Ceremony and the start of the 10 km Competition will be held on 8<sup>th</sup> November 2024 can be considered as the Opening of the Championship.

**16. COURSE INSPECTION & PRE-RACE BRIEFING**

The Team Manager Meeting for 10 KM Event will be held on 7<sup>th</sup> November 2024 at 17:00. The Course inspection will be held at 14:00.

The Team Manager Meeting for 5 KM Event will be held on 9<sup>th</sup> November 2024 at 14:00. The Course inspection will be held right after the conclusion of the meeting.

**17. DOPING CONTROL**

Doping Control Rules will be implemented according to Asia Aquatics and World Aquatics directions and will follow the procedures specified by World Anti-Doping Agency (WADA). Maximum number of samples will be 10 (5 men and 5 women).



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**18. TRAINING & EVENT SCHEDULE**

Training will be made available from 5<sup>th</sup> – 9<sup>th</sup> November 2024 at the Wan Chai Swimming Pool.

**7<sup>th</sup> November 2024, Thursday**

14:00 Course Inspection  
15:00-16:00 Training at Sea (Competition Venue)  
17:00 Team Manager Meeting at Official Hotel

**8<sup>th</sup> November 2024, Friday**

09:00 Reporting at Tai Mei Tuk Outdoor Activities Centre, Tai Po  
10:00 Competition (Men 10km)  
10:10 Competition (Women 10km)

**9<sup>th</sup> November 2024, Saturday**

14:00 Team Manager Meeting at Official Hotel  
15:00 Course Inspection

**10<sup>th</sup> November 2024, Sunday**

06:30 Reporting at Golden Bauhinia Square, Wan Chai  
07:30 Competition (Men & Women 5km)